



ARCTIC FOXES

**PRE-TRYOUT TUNE UP
SURVIVAL SKILLS AND SMALL GAMES
PRESENTED BY RMU HOCKEY ACADEMY**



HIGHLIGHTS

**FIVE 80-minute skill sessions • High tempo drills
Individual skills • NCAA D1 coaching • Approx. Ratio 6:1**

412-397-4475

www.rmuislandsports.org

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Tryouts are your opportunity to showcase your talents and prove to yourself that you are ready for that next level of play and now is the time to make sure you are ready to meet that challenge. The RMU Hockey Academy is offering a tune up for tryout program geared solely to those players that intend on trying out for the **ARCTIC FOXES** for the 2011-12 season. This is your chance to get away from practicing complicated systems and spend some time on the core skills of the game that really matter such as skating, shooting, stickhandling, passing etc. These are the skills that separate you from being a good player from being a great player.

Each player will receive five 80-minute on-ice sessions consisting of 30 minutes of power skating with Marianne Watkins; 30 minutes of skill development with Blaine Buterbaugh, along with various RMU college coaches and players; and 20 minutes of small-area games to further increase your competitive spirit. Additionally all participants will receive a \$25 credit to their ARCTIC FOXES membership fees, which will be applied to your final installment for the 2011-12 season. Spots are limited to 36 skaters and six goalies per group, so register soon!

PEE WEE – 1999 & 2000

| | | |
|---------|-----------------|---------|
| SUNDAY | 4/3/2011 | 5:00 PM |
| TUESDAY | 4/5/2011 | 6:30 PM |
| FRIDAY | 4/8/2011 | 5:30 PM |
| SUNDAY | 4/10/2011 | 4:30 PM |
| TUESDAY | 4/12/2011 | 6:30 PM |

SQUIRTS – 2001 & 2002

| | | |
|-----------|-----------------|---------|
| MONDAY | 4/4/2011 | 7:00 PM |
| WEDNESDAY | 4/6/2011 | 7:00 PM |
| SUNDAY | 4/10/2011 | 3:00 PM |
| MONDAY | 4/11/2011 | 7:00 PM |
| SUNDAY | 4/17/2011 | 7:00 PM |

BANTAM / MIDGET – 1993-1998

| | | |
|---------|-----------------|---------|
| SUNDAY | 4/3/2011 | 6:30 PM |
| TUESDAY | 4/5/2011 | 8:00 PM |
| FRIDAY | 4/8/2011 | 7:00 PM |
| SUNDAY | 4/10/2011 | 6:00 PM |
| TUESDAY | 4/12/2011 | 8:00 PM |

Special Mite consideration:

Mite players with 2003 birth years that anticipate playing the 2011-12 season at the squirt level should register as a squirt for this program. All other mites should register for the Survival Skills and Small Area Games program according to your birth year. Additional information for the Survival Skills program can be obtained by contacting Blaine Buterbaugh @ 412-397-4475 or buterbaugh@rmuislandsports.org

— FEE —

**\$150 Skaters
\$50 Goalies**

PLUS all skaters and goalies in this clinic earn a \$25 credit towards their Arctic Foxes 2011-2012 player fee.

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— REGISTRATION FORM —

Name _____

Date of Birth _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Cell Phone _____

E-mail _____

**REGISTER FOR THE LEVEL YOU WILL PLAY IN
2011-12 SEASON, AS EITHER A SKATER OR GOALIE**

Squirrel, Skater Pee Wee, Skater Bantam/Midget, Skater

Squirrel, Goalie Pee Wee, Goalie Bantam/Midget, Goalie

Please make checks payable to RMU-ISC and mail to:

Robert Morris University Island Sports Center

c/o Blaine Buterbaugh

7600 Grand Avenue · Pittsburgh, PA 15225

For more information, please contact

Blaine Buterbaugh

412-397-4475 · buterbaugh@rmuislandports.org

— or —

Bob Arturo

412-397-4456 · arturo@rmuislandports.org

STAFF

MARIANNE WATKINS

Director of Hockey Skating, RMU Islands Sports Center · Pittsburgh Penguins Skating Consultant
Regarded as the most progressive instructor in the business

BLAINE BUTERBAUGH

Director of Camps and Clinics RMU Island Sports Center
Assistant Coach, Robert Morris University Women's Ice Hockey 2006-10
USA Hockey Level 5 Coach · Played collegiate hockey at Robert Morris University

ADDITIONAL COACHES

Additional on-ice instruction will be given by various RMU coaches including
NCAA D1 men's and women's coaches and ACHA D1 and D3 coaches and players.

Robert Morris University Island Sports Center **WAIVER AND RELEASE OF LIABILITY**

I, the undersigned, acknowledge the inherent risks involved in any sporting activity, particularly the sporting activity that I intend to participate in at the RMU Island Sports Center. Accordingly, in consideration of being allowed to participate in Skating/Hockey (the "Activity") and intending to be legally bound, I, the undersigned, do hereby, for myself, my heirs, executors and/or administrators agree to the following:

1. I attest that am physically fit for the Activity. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation.
2. I agree that prior to participating the Activity, I will inspect the training/competition area and all equipment to be used, and if, through my inspection, I determine that anything related to the Activity is unsafe, I will immediately notify an official of the RMU Island Sports Center of this unsafe condition and will not participate in the Activity until this condition is corrected.
3. **I hereby waive, release, discharge and covenant not to sue, Robert Morris University, RMU Island Sports Center, its affiliates, agents, associates, officers, directors, owners, employees and representatives** (collectively "releasees") from demands, losses or damages, including without limitation, any injury, death, or damage to property that may be suffered by me whether caused or alleged to be caused in whole or in part by releasees or any other party's actions or inactions, or otherwise, and agree to indemnify releasees from any and all third party claims caused in whole or in part by my actions.

I, the undersigned parent or legal guardian, have read the above waiver and release and agree to its terms on behalf of my child and myself. I understand that by signing below I am giving up substantial right on behalf of my child and myself.

PARENT OR LEGAL GUARDIAN

DATE



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