

PLEASE READ CAREFULLY

## RMU ISLAND SPORTS CENTER WAIVER AND RELEASE OF LIABILITY

### Parental Consent (for skaters under the age of 18)

I, the undersigned, acknowledge the inherent risks involved in hockey, ice skating and all sports relating thereto. Accordingly and in consideration of being allowed to participate in any skating activities and/or activities at the RMU Island Sports Center, I agree to the following:

1. I acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, which may include permanent disability and even death, and severe social and economic losses that might result not only from my action, but also from the action, inaction or negligence of others, through rules of play or the condition of the premises, or any equipment used and further, that there may be risks not known to me or not reasonably foreseeable.
2. I agree that prior to participating in any activity at the RMU Island Sports Center, I will inspect the competition area and all equipment to be used, and if, through my inspection, I determine that anything related to that activity is unsafe, I will immediately advise my coach or an official of the RMU Island Sports Center of this unsafe condition and will not participate until this condition is corrected.
3. I agree to assume all the foregoing risks and accept personal responsibility for my own damages following such injury, permanent disability or death.
4. I release, waive, discharge and covenant not to sue Robert Morris University, the RMU Island Sports Center, and all of their respective agents, trustees, affiliates, associates, officials, directors, owners and employees (collectively "releasees") from demands, losses or damages on account of any injury, death or damage to property, caused or alleged to be caused in whole or part by releasees or any other party's actions, inactions or otherwise; and agree to indemnify releasees from any and all third-party claims caused in whole or in part by my actions.

I, the undersigned parent or legal guardian, have read the above waiver and release and agree to its terms on behalf of my child and myself. I understand, that by signing below, I am giving up substantial rights on behalf of my child and myself.

NAME \_\_\_\_\_ DATE \_\_\_\_\_

### Returned Check Fee

**A \$25 fee is charged for all checks returned for insufficient funds. This fee must be paid prior to further participation in the program.**

## Equipment

Children are required to wear a USA Hockey-approved helmet (HECC) with facemask, hockey skates, hockey elbow pads, hockey shin guards, hockey gloves (mittens are allowed for little ones who can't grip the stick with hockey gloves), warm clothing and a hockey stick. An athletic cup, shoulder pads, pants and neck guard are recommended. Players are provided with an Island Colonials hockey jersey the first session for which they register. Rental skates are available at no charge. The smallest hockey skate size available is a youth 8.

## Special Beginner's Package

Our Pro Shop offers a special 15-percent discount on equipment required for the class. To qualify you must purchase at least 4 core pieces of equipment. For details please contact the Pro Shop at 412-397-4459.

## Limited Number of Equipment Available at No Charge

A limited number of sets of equipment are available for players who will be taking part in their first session of Learn to Play Hockey. Please contact Bob Arturo at 412-397-4456 if you are interested in one of these sets. Please note these sets do not fit all sizes and are available on a first-come-first-served basis.

## Equipment Buy Back Program

Purchases made from the RMU Island Sports Center Pro Shop are eligible for the Equipment Buy Back Program. If, by the end of the third class, the child decides not to continue with hockey and does not want the equipment, the Pro Shop will buy back the helmet with facemask, elbow pads, hockey gloves, shin guards and hockey skates at 75 percent of the purchase price. You must present your receipt as proof of purchase.

## Assistant Coaches Wanted!

Parents, assistant coaches are needed! Don't worry about having to skate like Sidney Crosby. If you enjoy working with children, we'd love to have you on the ice – it's fun! We'll supply you with the what, when and how to teach – you supply the enthusiasm and lending hand. **All coaches MUST wear a USA Hockey-approved helmet (HECC) while on the ice.** Level 1 coaching seminars are available through USA Hockey. We will reimburse you for the registration fee if you choose to attend any level 1 seminar. Please go to [www.usahockey.com](http://www.usahockey.com) to check for seminar dates. Interested coaches should complete the Assistant Coaches Wanted section of the attached registration form.

## USA Hockey Membership

All players must be registered with USA Hockey for 2011–12. Membership runs from Sept. 1, 2011 to Aug. 31, 2012. Registration is \$35 for players born 2004 and earlier and free for those born 2005 and later. Registration must be completed online at [www.usahockey.com](http://www.usahockey.com). Once you complete the online registration, you will be emailed a confirmation number, which you will need to enroll in Learn to Play Hockey. You can either forward the confirmation email to [buterbaugh@rmuislandports.org](mailto:buterbaugh@rmuislandports.org), mail a copy with your registration form, or bring a copy with you if you register in person.

## About the Hockey Staff

**Bob Arturo** is the RMU Island Sports Center hockey director. He has an undergraduate degree in child development/child care from the University of Pittsburgh and his graduate work is in sports administration from Penn State University. "Coach Bob" is in his 29th year as a hockey director and has taught more than 11,000 youngsters the basics of skating and hockey. He has also been involved in the USA Hockey Initiation Program since its inception in 1992. As the USA Hockey Central District head course conductor, he has trained over 2,000 coaches in the Initiation Program.

**Blaine Buterbaugh** is the Assistant Hockey Director/Summer Camp Director at the RMU Island Sports Center and holds a bachelor's degree in sport management from Robert Morris University. He is also an assistant coach with the RMU Women's Division I hockey team and a Level 5 Masters Coach with USA Hockey.

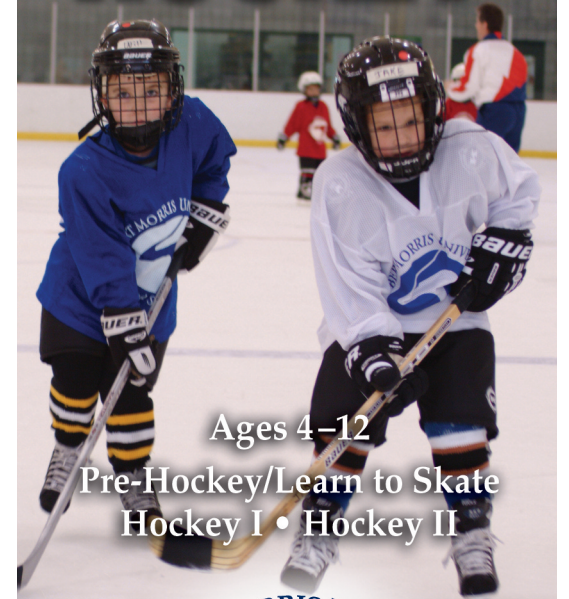
## Refund Policy

The RMU Island Sports Center will refund your money if your child does not like the Learn to Play Hockey program up until the end of the third class. You will be charged \$16 per class attended. You must notify the registration desk in writing within 24 hours of the third class to obtain the refund.



2011–12

# Learn to Play HOCKEY



Ages 4–12

Pre-Hockey/Learn to Skate  
Hockey I • Hockey II



7600 Grand Avenue • Pittsburgh, PA 15225  
**412-397-4456, 4475 or 4454**  
[rmuislandports.org](http://rmuislandports.org)

# Learn to Play HOCKEY

The Learn to Play Hockey program gives children ages 4–12 the opportunity to learn the basics of skating and hockey from USA Hockey-trained instructors in a fun-to-learn, relaxed, non-competitive atmosphere. Each weekly session includes 40 minutes of skating and stick instruction and ends with a 10-minute hockey game. No skating or hockey experience is required.

Classes are taught under the guidelines of the USA Hockey Initiation Program, which places the emphasis on fun and learning. The program provides coaches with a basic education in leadership, communication, safety, teaching skills, skill analysis and lesson plan preparation in relation to youth hockey. All coaches teach from an 80-week written and pictorial lesson plan manual.

## ■ Pre-Hockey/Learn to Skate

*No skating experience required.* A structured lesson plan provides youngsters with a strong foundation of skating know-how and confidence building. Skills include stance, walking, T-push, two-foot glide, scooting, O's, preparing for snow plow stop, plus backwards stance and walking.

## ■ Hockey I

Reviews the skills learned in Pre-Hockey/Learn to Skate and introduces new skills, such as snowplow stop, one-foot glides, backward O's and full forward strides. From this solid base, the game's fundamental skills of skating, stick handling, passing and shooting can be properly taught.

## ■ Hockey II

Reviews the skills learned in Hockey I and introduces new skills such as V-start, stationary and moving stick handling, open ice carry, forehand and backhand passing and receiving, forehand and backhand sweep shot, backward C-cuts, O's, striding and one-foot stop (both forward and backward), outside edge control, turning from front to back and back to front, use of feet to control puck, and stopping with the puck.

Upon completion of the classes, children will be ready to join the RMU Island Sports Center Island Colonials and enjoy playing hockey with youngsters of similar age and ability.

## Priority Registration

Because our program fills very quickly we have adopted the following Priority Registration Policy to ensure that returning children have the opportunity to register as long as they meet the deadline.

### Priority 1

Skaters enrolled in the present session.

(Please note for the 2011 Back to School session, ALL children who skated in any Learn to Play Hockey session between September 2010 and July 2011 are Priority 1.)

### Priority 2

- Siblings of students enrolled in the current session.
- Customers and their immediate family members enrolled as an individual in any RMU program. The program must be in session while registration for LTP Hockey is open to meet this qualification.
- Siblings of the Arctic Foxes or Pittsburgh Hornets.
- Students who have been enrolled in a Learn to Play Hockey class within 6 months of the first day of the upcoming session.
- Children of current RMU employees and students (must show Freedom Card)
- Children of RMU Alumni (proof is required)

### Priority 3

Open registration.

**NOTE:** A lottery system is used during first day of Priority 2 and 3 registrations. All registrations received on the first day are counted at the end of the day. If we have more spaces than registrations, all registrations are accepted. If not, we draw names out of a hat until all spots are filled.

You may register on the first day of Priority 2 or 3 in person at the rink, by mailing the brochure so we receive it no earlier than four days before the given date, or by calling the front desk at 412-397-4454 and paying via credit card.

After the first day of Priority 2 and 3 registrations are accepted on a first-come-first-served basis for that priority.

## Schedule, Fees and Priority Registration Dates

### ■ Back to School Session (\$112)

*Classes, 4–10 year olds*  
Tues, Sept. 13–Oct. 25, 6:30–7:20 p.m. or  
Saturdays, Sept. 10–Oct. 22, 10–10:50 a.m.

- Priority 1 begins July 26
- Priority 2 begins August 8
- Priority 3 begins August 15

### ■ Fall Session (Tues, \$128, Sat. \$112)

*Classes, 4–10 year olds*  
Tues, Nov. 1–Dec. 20, 6:30–7:20 p.m. or  
Saturdays, Oct. 29–Dec. 17, 10–10:50 a.m. *(No class Nov. 26)*

- Priority 1 begins Oct. 8
- Priority 2 begins Oct. 19
- Priority 3 begins Oct. 22

### ■ Winter Session (\$128)

*Classes, 4–10 year olds*  
Tues, Jan. 3–Feb. 21, 6:30–7:20 p.m. or  
Saturdays, Jan. 7–March 3, 10–10:50 a.m. *(No class Jan. 14)*

- Priority 1 begins Dec. 3
- Priority 2 begins Dec. 14
- Priority 3 begins Dec. 19

### ■ Spring Session (Tues, \$128, Sat. \$112)

*Classes, 4–7 year olds*  
Tues, Feb. 28–April 17, 6:30–7:20 p.m.  
*Classes, 4–7 & 8–12 year olds (Born no earlier than 2000)*  
Tues, Feb. 28–April 17, 5:30–6:20 p.m.  
*Classes, 4–10 year olds*  
Sat., March 10–May 12 *(No class March 17, April 7, 14)*

- Priority 1 begins Feb. 7
- Priority 2 begins Feb. 21
- Priority 3 begins Feb. 23

### ■ Summer Session (\$128)

*Classes, 4–7 year olds*  
Tues, April 24–June 19, 6:30–7:20 p.m. *(No class May 15)*  
*Classes, 4–7 & 8–12 year olds (Born no earlier than 2000)*  
Tues, April 24–June 19, 5:30–6:20 p.m. *(No class May 15)*

- Priority 1 begins April 3
- Priority 2 begins April 16
- Priority 3 begins April 18

### ■ Summer One Week Specials (\$80 per week)

**Register and pay for both weeks at the same time and pay only \$145 for both weeks.**

*Classes, 4–7 year olds*  
Week 1, Monday–Friday, July 9–13, 6:30–7:20 p.m.  
Week 2, Monday–Friday, July 16–20, 6:30–7:20 p.m.

*Classes, 4–7 & 8–12 year olds (Born no earlier than 2000)*  
Week 1, Monday–Friday, July 9–13, 5:30–6:20 p.m.  
Week 2, Monday–Friday, July 16–20, 5:30–6:20 p.m.

- Priority 1 begins June 5
- Priority 2 begins June 13
- Priority 3 begins June 20

## Learn to Play Hockey

### 2011-12 REGISTRATION FORM PLEASE PRINT

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Birth Date \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_

**Class Level:**  Pre-Hockey/Learn to Skate  
 Hockey I  Hockey II

**Session:**  Back to School 2011 • Tues. (\$112) 4–10 yrs

Back to School 2011 • Sat. (\$112) 4–10 yrs

Fall 2011 • Tues. (\$128) 4–10 yrs

Fall 2011 • Sat. (\$112) 4–10 yrs

Winter 2012 • Tues. (\$128) 4–10 yrs

Winter 2012 • Sat. (\$128) 4–10 yrs

Spring 2012 • Tues. (\$128) 4–7 yrs, 6:30 p.m.

Spring 2012 • Tues. (\$128) 4–7 yrs, 5:30 p.m.

Spring 2012 • Tues. (\$128) 8–12 yrs, 5:30 p.m.

Spring 2012 • Sat. (\$112) 4–10 yrs

Summer 2012 • Tues. (\$128) 4–7 yrs, 6:30 p.m.

Summer 2012 • Tues. (\$128) 4–7 yrs, 5:30 p.m.

Summer 2012 • Tues. (\$128) 8–12 yrs, 5:30 p.m.

Summer Special • July 9–13, (\$80) 4–7 yrs, 6:30 p.m.

Summer Special • July 9–13, (\$80) 4–7 yrs, 5:30 p.m.

Summer Special • July 9–13, (\$80) 8–12 yrs, 5:30 p.m.

Summer Special • July 16–20, (\$80) 4–7 yrs, 6:30 p.m.

Summer Special • July 16–20, (\$80) 4–7 yrs, 5:30 p.m.

Summer Special • July 16–20, (\$80) 8–12 yrs, 5:30 p.m.

Two Weeks • July 9–13 & 16–20, (\$145) 4–7 yrs, 6:30 p.m.

Two Weeks • July 9–13 & 16–20, (\$145) 4–7 yrs, 5:30 p.m.

Two Weeks • July 9–13 & 16–20, (\$145) 8–12 yrs, 5:30 p.m.

### USA Hockey Membership Verification

This player has previously registered with USA Hockey for the 2011–12 season.

This player is now registering with USA Hockey for the 2011–12 season. His/her confirmation number is attached.

### Assistant Coaches

I would like to be an assistant coach. My name is:

Please make your check payable to **RMU Island Sports Center** and mail to:  
**RMU Island Sports Center • c/o Bob Arturo**  
**7600 Grand Avenue • Pittsburgh, PA 15225**

